



Everyone needs help sometimes.



Location: 501 S. Cincinnati
 The corner of 6th and Cincinnati
 Phone: 582-4128 x 139

Hot Meals Served:

Monday – Friday 8:30am to 10:30am
 Saturdays and Sundays 8:30am to 10:00am

Grocery Assistance:

Friday 8:30am to 10:00am
 Saturdays: 8:30am to 10:00am

Volunteer Information:

Deacon Deborah Underwood
 918-582-4128 x 122

Executive Director:

Connie Cronley



Everyone is Welcome.

History:

Iron Gate was started in 1984 when parishioners gave sandwiches to the downtown homeless. They distributed the food from the iron gate at the cloister garden the church had at the time. The word spread, “If you are hungry, go to the church with the iron gate.” The name stuck. Now Iron Gate is located in the basement of Trinity as nonprofit organization and still a ministry of the church.

Numbers:

- 450-550 people are served on an average day
- 200,000 people came through our gates in 2010
- 175-220 bags of groceries are given out each week

How You Can Help: Iron Gate is totally dependent on contributions from individuals, businesses, organizations, churches and foundations. Volunteers help serve food, bag groceries, tidy the pantry, collect items for donation, and donate professional time.